

THE DAVID SCOTT BRIDLE PATH FROM MAWPHLANG TO LAD-MAWPHLANG  
CONNECTING MAWPHLANG AND SOHRA.  
(16 KILOMETRES IN LENGTH).

**A Historical Trail Recognized by the United Nations as an Indigenous Community Conservation Area (ICCA)**

**Introduction:** David Scott, a British Administrator, was instrumental in building the trail from 1827-1829 to lessen the distance and to escape the heat of traveling from the Assam plains to Sylhet. The trail, previously part of a network of foot and horse paths used by indigenous Khasi people crisscrossing the hills and used as established trade routes, was expanded to increase trade between Guwahati in Assam, Shillong and Sohra (Cherrapunji) in Meghalaya, and Sylhet in Bangladesh. When it was developed, the entire trail from Assam to Bangladesh covered 130 miles. The stretch of infamous Scott Trail or David Scott Bridle Path between Mawphlang and Lad Mawphlang is roughly 16 kms long. This officer involved the Indian Rajput, Sikhs, and others to complete the construction in time.

**The Trail Details:**

1. **Km. 0 the Trailhead:** This trail stretches from Mawphlang through Nongrum Village towards the South-eastern part of Mawphlang (**elevation entry point-1845m**). The trail-head has a kiosk with water and snacks for sale and guides available for hire.
2. **Km. 0.5 Ka Kor Shonmai:** The first landmark is a 5 minute walk from the village road--a resting place called 'KA KOR KA SHONMAI' (named after a daughter of Dorsing Lyngdoh, the 1<sup>st</sup> Lyngdoh with the British Sanad).
3. **Km. 2 Mawsahep:** At this point you will find a tomb erected in memory of a child. The inscription on the tomb reads: *'To a child fondly called Camilla 'soft silken primrose fading timelessly, 1843'*. Before reaching this tomb, along the trail are the Simpanghang Falls, part of the Mawphlang Dam at the place called Hapmaram. (This poor man from Maram area fell down into this gorge due to his unfamiliarity of the winding trail on his first time carrying loads from Sohra to Mawphlang.) From this point looking westwards one will experience and witness the thick pristine Community Forest of Hima Mawphlang which is the main wildlife corridor to Mawphlang Sacred Grove. The trail continues winding down to Lyngkienwar and Umiam Mawphlang river.
4. **Km. 5 The Suspension Bridge: (1569 meters)** Before reaching the suspension bridge at Weidung there is a small stream called Lyngkienwar, but during the monsoon it swells up to an unexpected height, which is why the bridge that was constructed out there was washed away about 70 years ago. The same happened to the bridge at Weidung. This hanging old beautiful bridge, called *Jingkieng doi-doi*, was washed away by a flash flood on 8th September 2007 and was reconstructed by PWD, Meghalaya Tourism and PHE Department through initiatives taken by the enthusiastic leadership of the then Meghalaya Chief Secretary Shri. Ranjan Chatterjee. Construction started in 2008 - 2009 and was completed in 2012.

5. **Km. 6 Wahtham Valley:** After crossing the bridge, walk through the Lowland Wahtham Valley (lowest point of the trail--1525m). This area is so fertile and was used by people from Mawphlang to cultivate all types of agricultural products. The stream is crystal clear and tasty. Tradition tells us that the 'Tham' title derives from this place as this family originated from here long, long ago. The bridge to cross this stream was washed away 90 years ago due to swelling waters of the monsoon.
6. **Km. 9 Laitsohma Village:** After climbing the winding trail 3 kms up on a steep and uphill climb from Wahtham Valley, you reach Laitsohma Village. This is where Khmah Nongsai resided before moving her family to Mawphlang Village. From Laitsohma we can see clearly the Mawphlang Sacred Grove from behind.
7. **Km. 12 The Arc or Stone Bridge at Mawnguidbriew:** From Laitsohma, follow a plateau to reach very beautiful scenery including Phud Um Ja-Ut, Mawnguid-Briew and an arc bridge, the elephant hill, the crocodile sitting on the rock, and the mansion on a rock.
8. **Km. 14- Kor Parkti:** After leaving the beautiful and legendary Mawnguid-Briew, walk 2 kms on the scenic trail and you will reach another resting place, **Kor Parkti**. These are constructed in every outskirt of the village on the main trail of path so that commuters with loads can take rest and be able to continue their journey in a relaxed manner. The trail descends 2 more kilometers to reach Wah-Umiong River and then climbs up to Sohra Main Road.
9. **Km. 16- Main Shillong Sohra Road:** You have reached the final destination of the trail. The elevation at the exit point is 1,785 meters. The time taken to complete the trek may vary from 3 hours to 5 hours.

Its importance might not be the same as of the past, but this trail now provides the present generation a space for nature lovers to trek down the trail undisturbed by noise pollution and the crowds of the cities. The trail is accessible for most persons of able body from children to those reaching their seventies. It is a bridle path wide enough to trek and not so steep as to cause difficulty. This is an important part of the Indigenous Community Conservation Area where the habitats of flora and fauna are still pristine. This trail should be preserved and this small path of just 16 kms should have the legacy and the remembrance as one of the famous trails connecting Guwahati and Sylhet.

The significance of the trail has its own manifestation, by drawing large numbers of people from various walks of life. Along the trail there are over 100 documented herb and plant species that have medicinal values. With the assistance of good guides, explorers and trekkers can learn more of its significance than mere words can hardly express. As it has been also mentioned above that this area is the main wildlife corridor, an approach of proper treatment and harmony should always be the top priority so that we can sustain and enjoy the bliss and legacy of this trail.

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